



Loving Heart Multi-Service Centre (Jurong)

Annual Report

Jun 2016 - May 2017



Our Mission

To serve the residents and needy students to the best of our abilities, through programmes and activities, with professionalism in promoting social and multiracial community bonding.

Our Rogo

The two vibrant orange strokes embracing a heart protectively depicts the role of Loving Heart in providing school-based and community-based services for the needy students and elderlies in the community.

The soft-edged heart within the strokes symbolizes the vulnerability and fragility of the disadvantaged and the needy. The three little hearts represent the heartfelt feelings and joy of the community.

Bright orange and red colors emulates sunshine, light and warmth.



About Us

Loving Heart Multi-Service Centre (Jurong) was officially opened on 4th December 2004 by Mr Lim Boon Heng, Former Minister, Prime Minister's Office (2001-2011), former MP for Jurong GRC.

Set up as a one stop social service centre, our programmes and services have since grown and expanded to reach a wider community in Jurong. As a result, Loving Heart Multi-Service Centre (Jurong Central) was renamed Loving Heart Multi-Service Centre (Jurong) in 2012 to reflect the expansion of our service boundary.

Located at Block 316 Jurong East Street 32, #01-279, Loving Heart Multi-Service Centre (Jurong) (LHMSCJ) undertakes various school-based and social projects within Jurong GRC. We also collaborate with relevant organisations to better serve the community.

Our ongoing services and programmes includes:

- Pupil Breakfast Scheme
- Sports, Tuition and Mentoring Programme (S.T.A.M.P)
- S.T.R.I.V.E 3 year S.T.A.M.P.
- Free Traditional Chinese Medicine (TCM) Clinic
- Free Tuition Programme
- Adopt-A-Home
- Case Management and Food Gifts

Opened on 1 September 2006, Loving Heart Youth Centre currently hosts activities namely, the Free TCM Clinic, Free Tuition Programme and Chair Based Exercise. The Youth Centre was later renamed as Activity Centre.

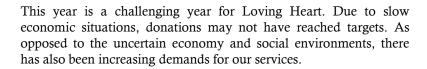
Both centres are presently managed by a staff strength of 9. LHMSCJ continues to facilitate residents' bonding in the neighbourhood and aim to focus on providing our services as well as maintain the one-stop service centre to serve Jurong GRC, Bukit Batok SMC and Yuhua SMC.

LHMSCJ Management Committee consists of 14 members and the present term of office is from 1 June 2015 to 31 May 2017.

Contents

Our Mission & Our Logo	2
About Us	3
Chairman's Message	5
People behind Loving Heart	6
Partners and Corporate Sponsors	8
Distinguished Patrons and Patrons	9
Our Volunteers	12
School Based Programmes	15
Community Based Programmes	22
Fundraising Programmes	35
Annual Events	39

Phairman's Message





Broadening our service boundary has allowed us to serve schools in the Clementi division. In 2017, we are honored to have 21 schools joining us in Pupil Breakfast Scheme, S.T.A.M.P. and S.T.R.I.V.E. Our annual community health project, Project Big Heart in collaboration with Jurong Central and Fullerton Health was also extended to serve residents in all divisions within Jurong GRC, Bukit Batok SMC and Yuhua SMC. This year, we also expanded our Free Tuition Programme to benefit more children with 2 additional sessions. In addition, we also introduced a new community program, Chair Based Exercise in 2017 and response has been very encouraging for us so far.

I wish to express my deepest appreciation and gratitude to our Founding Adviser, Mr Lim Boon Heng, our Special Adviser, DPM Mr Tharman Shanmugaratnam, Coordinating Minister for Economic and Social Policies, and MP for Jurong GRC, and our Advisers, Mr Desmond Lee, Minister, Prime Minister's Office & Second Minister for Home Affairs and National Development, and MP for Jurong GRC, and Mr Ang Wei Neng, MP for Jurong GRC, for their visionary guidance, support and their presence in Loving Heart events.

Loving Heart is grateful to its partner, Thye Hua Kwan Moral Society and the following corporate sponsors; ACI Singapore – The Financial Markets Association, Bo Tien Welfare Services Society, Cheng Hong Welfare Service Society, Fullerton Health, Makino Asia Pte Ltd, NTUC Fairprice Foundation Limited, Shimano (Singapore) Pte Ltd, South West Community Development Council as well as Tote Board and Singapore Pools for their continuing valuable support.

This report encapsulates our key school-based and community-based programmes.

This year will also see the nomination of a new Management Committee for the next 2 years. We would like to express our heartfelt gratitude to our Advisory Councillors, Trustees and the Management Committee who have served faithfully for the past years. You have helped to nurture and grow Loving Heart to what it is today.

Every new year must be a better year. Donors, Grassroots leaders and leaders of Loving Heart, let us work together to meet the challenges of the coming year and serve even better the needs of the students and residents. Together, we can achieve this.

Goh Cheng Tee, Freddy, PBM Chairman Management Committee

Reople behind Roving Heart

Founding Adviser



Mr Lim Boon Heng Chairman of Temasek Holdings Private Limited

Special Adviser



Mr Tharman Shanmugaratnam
Deputy Prime Minister &
Coordinating Minister for Economic
and Social Policies
Member of Parliament for Jurong GRC

Advisers



Mr Desmond Lee
Minister, Prime Minister's Office &
Second Minister for Home Affairs
and National Development
Member of Parliament for Jurong GRC



Mr Ang Wei Neng Member of Parliament for Jurong GRC

Advisory Councillors



Mr Henry Ho Kok Wai PBM BBM BBM (L)



Mr Lee Kim Siang PBM BBM BBM (L)



Mr Goh Peng Tong PBM BBM



Ms Koh Chuey Keen Jenny PBM

Trustees



Mr Tan Poi Eng JP PBM BBM



Mr Yap Thian Ling PBM BBM BBM (L)



Mr Lew Kit Foo Jimmy PBM

Management Committee



Mr Goh Cheng Tee Freddy PBM Chairman



Dr Chua Song Peck PBM BBM Immediate Past Chairman



Mr Tan Lip Kwang Kelvin Mrs Rhama Sankaran PBM BBM Vice Chairman



Secretary



Mr Tey Siang Lim Gerald **Assistant Secretary**



Ms Tay Siew Luan Helen Treasurer



Ms Chiang Ah Choo **PBM** Assistant Treasurer



Dr Lee Ngak Siang PBM BBM Member



A/Prof Lee Kheng Hock Member



Mr Ong Ah Hai Member



Mr Tsu Chin Sun Gary Member



Mr Wong Cheow Heng Member



Mr Tham Kine Thong Member



Mr Kamalamohan s/o Kuppusamy Ramiah Member

Management Staff



Mr Leow Peng Kui JP PBM BBM Manager



Mr Sit Poh Huat Jimmy Deputy Manager



Ms Peh Wan Qian **Executive Officer**



Ms Valissa Yap **Executive Officer**



Ms Cindy Yeo **Executive Officer**



Ms Tou Miao Miao Accounts Executive



Ms Halipah Bte Surnan **PBS** Junior Executive



Ms Janice Quek Junior Executive



Ms Stacy Leow Junior Executive

Rartners & Corporate Sponsors

Partner



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Bo Tien Welfare Services Society



Cheng Hong Welfare Service Society



Fullerton Health



MAKINO Makino Asia Pte Ltd



NTUC Fairprice Foundation Limited



Shimano (Singapore) Pte Ltd



South West Community Development Council



Tote Board & Singapore Pools

Giving Hope. Improving Lives.

Distinguished Zatrons & Zatrons

Distinguished Patrons

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Jia Yi Air-Conditioning Pte Ltd

Jurong Green CCMC

Jurong Spring Community Club

Leong Poh Kee Pte Ltd

Makino Asia Pte Ltd

Matsushita Greatwall Corporation Pte Ltd

Neo Garden Catering Pte Ltd

NTUC Fairprice Foundation Limited

Qiong Yao Jiao Di

R Glazen Singapore Pte Ltd

Rosenberg East Asia Pte Ltd

SH Cogent Logistics Pte Ltd

Singapore Che Wein Khor Moral Uplifting Society

Singapore Pools (Private) Limited

South West Community Development Council

Taman Jurong CCC CDWF

The Edinburgh Clinic

Tiong Heng Transport Pte Ltd

Tong Whye Temple

Tote Board

United Overseas Bank Limited

Wentel Corporation Pte Ltd

West Coast Hock Teck Si

Ang Yew Lai Vincent

Chan Kwan Heng

Cheng Beng Kwang

Chiang Ah Choo, PBM

Desmond Lee

Dr Goh Bak Heng Derek, BBM

Goh Cheng Tee Freddy, PBM (GWTECH Engineering Pte Ltd)

Karthik Sankaran

Lee Ee Huat

Lew Kit Foo Jimmy, PBM

Liew Ah Kuie

Lim Boon Heng

Low Ming Wah

Neo Kah Kiat, PBM

Ng Chee Woh Victor

Ng Kim Choon

Quek Teng Guan Ronald



Distinguished Patrons

Song Jianbo Toe Tiong Hock, PBM

Tay Soon Seng Vibrant Group Limited

Tham Kine Thong (Jurong Secondary School) Wong Cheow Heng (Cheow Heng (S) Pte Ltd)

Thye Hua Kwan Moral Society Yu Jiliang

Patrons

JS Creates Pte Ltd

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Astrotech Engineering Pte Ltd K&L Engineering Pte Ltd

Best Home Employment Agency Pte Ltd Lian Wang Trading Pte Ltd

Bukit Batok CCC CDWF Ling Jin Tang

Bukit Batok East CCMC LSL Engineering Pte Ltd

Carplus Auto Pte Ltd MK Industries & Construction Pte Ltd

Citic Engineering Pte Ltd MMC Hardmetal (Thailand) Co Ltd (S) Branch

Clementi Citizens' Consultative Committee Oren Sport (S) Pte Ltd

Cushman & Wakefield Township Pte Ltd Oxylos Education Pte Ltd

Excel Cosmeceutical Industry Pte Ltd Oxylos Group Pte Ltd

Formly Engineering Metal Works Pte Ltd SBS Transit Ltd

Fu An Temple Shang Fa Gong Tan

Global Indian International School Singapore Sports Council

Hong Kah 7th Month Singapore Wong Loo Choh See

Chee Chong Association

Ji Qing Tang
Sun City Maintenance Pte Ltd

Ji Shan Tang
Syntes Pte Ltd

Jurong East Street 32 7th Month

Teng Feng Engineering Pte Ltd

Think One Automobile & Trading Pte Ltd
Jurong Junior College (Alumni)

Jurong Spring CCMC

THK Family Service Centre @ Jurong

Thye Hua Kwan Moral Charities Ltd

Titan Facilities Management Pte Ltd

JTC Corporation

Distinguished Zatrons & Zatrons

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Zheng Keng Engineering &

Construction Pte Ltd

A/Prof Lee Kheng Hock

Bo Yifeng

Chang Set Chee

Cheng Lei

Ching Chiat Kwong

Choo Siew Choon

Dhany Basuki

Edwin Tensingh Bella Samuel

Jigme Harrison

Eliane Yam Hui Yee

Gam Keng Loon

Goh Ai Ting

Gunasekaran Arunkumar

Ho Teck Heng

Huang Guo Sheng

Hwan Yee Shan

Koh Hock Seng

Koh Kah Bian

Lee Bee Kien

(Spring Ocean Food Supplies)

Lee Wee Guan

Lee Wei Chye

Leong Yun Kiew

Liew Yew Fah

Lim Bi Fei

Lim Eng Chai

Lim Hee Liat

Lim Hui Eng

Lim Ming Hock

Lim Soon Huat

Lin Jia Hui

Loo Kuen Feng

Ma Lei

Murugaiyah Rajkumar

Neo Lay Choo

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Ong Eng Peng

7116 12116 1 6116

Ong Kwee Hock (Basic Metal)

Ong Lyndy Charmine

Ong Muay Hua

Phng Peck Hock

Poh Lan See Nancy

Quek Leng Keng

Zuck Leng Keng

Regina Tandani

Seah Hock Thaim

Seah Huan Ju Emily

Seah Mui Kin

Shen Xiao Yan

Stefan Foerster

oteran i oerster

Tan Choon Tian

Tan Kong Toh

Tan Lip Kwang, Kelvin, BBM

Tan Peng Huat

Tan Shu Fen

Tan Wei Tong

Tee Klm Leng @Teo Kim Leng

Toh Hong Kok Ken

Tsu Chin Sun Gary

Tung Kwang Voon

Xie Zhiqing

Xi Shan Gong

Xu Jingbo

i a viiigo

Yay Xi Ming

Yu Xueqin

"An act of

kindness blossoms

our lives with

gladness."

- Lailah Gifty Akita

Our Polunteers

Adeline Lee Ai Leng Celine Chian Esther Chan Steinmetz

Adonica Ker Yan Ting Chan Chee Seng Eugenia Poo Si Ying

Adriel Soon Ming Rui Chan Kiew Feng Ruili

Alicia Kho Mei Ai Chan Siew Leng Foo Yuan Ru

Alpin Novianus Tatan Che Ah Kau Fu Kai Li

Amanjyot Kaur Cheah Min Cui Gana Saraswathy S

Andrew Stuart Lee Evan Cheam Mei Shan Gay Shi Hui Angela

Andy Tan Xin Han Chen Ken Yen Gloriani Buendia Angel John

Ang Qi Jin Chen Lixin Goh Vincent

Ang Zi Li Cheng Ming Chin Grace Lee

Angela Gabrielle Lasic Rioflorido Cheo Yi Hong Gordon Gregory Gerald Almonte

Annie Chua Chew Xin Yong Gu Shi Yu

Anubhav Chiang Hui Xun Gwee Meng Hong

Ariel Lim Qian Qi Chloe Theresia Ng Gwendolyn Chen Zhen Zuan

Arun Ganapathy Chokkalinkam Chng Cheok Meng Hannah Heng Yi Zhen

Arundhiti Ananthanarayanan Chock Wee Boon He Qiyun

Ashok Kumar Chong Hui Xian Ho Jin Kind

Azreena Bte Zamree Chook Win Yan Ho Keng Ee Glenise

Balaji Selvarajou Chua Hong En Gabbie Ho Weitai

Bashayar Chua Qiao Han Hung Lay Seah

Beh Wen Jing Chua Sheng Han Igmatius Ho Zheng Wei

Belinda Goh Sue Chi Chua Yi Rong Jack Zhang Jie

Benedict Wong Jun Shuan Clinton Ho De Kai Jasmine Lim Zi Qing

Bhaskar Nagilla Daniel Boey Taik Boon Jason Loh Yi Xiang

Bo Yifeng David S/O Sangaran Jeri Xie Zheng Zhe

Boh Chee Yih Deepan Balakrishnan Jerry Soh

Brennan Tan Emily Siau Jessie Zhang Huijun

Carissa Sim Eric Zhang Boyuan Jihwan Choi

Our Polunteers

John Hahn Lenny Ho Lee Khim Masayu Nurul Nadiah

John Moses Leonard Lim Zhong Rong Maslinda Maarof

Jordan Ling Tien Chen Leong Shi Xuan Muhammad Asyraf Bin Azmi

Joshua Foong Lew Jing Shan Nancy Lau

Julian LuiLi ZhaobinNavin Kumar RaiJustin Lim Yong ShiuanLi Zheng HuaNeo Hwee Shuen

Kang Meow Kee Lian Wei Ling Neo Jia Ning Katagouni Ravi Kumar Liew Jian Bin Neo Si Yang

Kelly Chua Yuann Nyng Liew Kar Jin Ng Ee Ching

Kelvin Goh Qi Xian Lim Ai Leen Ng Emily
Kenneth Chee Wei Quan Lim Christina Ng Hong Zi

Kenneth Koh Zhi Hao Lim Li Hui Ng Luo Wei

Khairulanwar Bin Jamil Lim Pei Sin Ng Soh Bee Cecilia

Kho Jia Hui Lim Qing Yong Ng Soon Ching

Koh Jia Cheng Lim Rui De Ng Yan Zhang Kenric

Koh Tze Hou Lim Wei Xiang Ng Yu Shi Mandy

Kok Tse Fong Lim Xin Hui Phoebe Nicholas Ho Jun Xian

Koo Geok Kheng Jasmine Ng Lim Xue Ngoh Nyoe Si Jun Jonathan

Krishna Radhakrishnan Lim Yisheng Kenneth Olivia Yeo Yi Mei

Kwik Feng ChengLim Yuan XiuOng Jun JieLai Yuet PingLim Zhen YangOng Lay ChooLau Ching SanLin Xin JiePang Ka Ho

Law Qi Jia Ling Ting Ting Patrick Lee Choong Hian

Lee Celine Lin Zee Ling Corrine Pearlyn Koh
Lee Jia Xuan Loh Lai Lee Peh Yee Low Wan Jing Peh Shu Peng

Lee Shao Wen Shawn Low Wei Kiat Perdana Putra @ Pan Ping Rui

Lee Shi Min Maimoona Hamzy Poh Xin Yu Evangelyn

Our Polunteers

Prasanna Shiridi Sai

Puah Hong Tat

Qin Tian He

Raymond Win @ Win Htut Oo

Rethina Priya Balasubramanian

Rita Bahvani Subramaniam

Ritu Chandna

Rochele Goh

Royce Tan Jian Ping

Saih Shi Ying

Saravana Kumar M

Seah Lay Kheng

Seah Wei Heng

Sean Woon Zhi Heng

Shah Smit

Shaun Sartra Varghese

Shawn Lee Jin Long

Shin Fung

Sim Ling Ling

Soh Bee Tin

Soh Kai Jie

Soo Peck Lin

Soo Tsui Li

Soon Hao Jing

Steve Anderson

Subramanian Manikandan

Sunarta

Syafiqah Najihah Begum

Bte Shafaq Ali Haq

Tammy Low Chien Yu

Tan Giok Mui

Tan Jia Wei Justin

Tan Keng Chow

Tan Li Xuan

Tan Shi Min Jayce

Tan Si Tong

Tan Wen Jing

Tan Yan Zi Matilda

Tan Zijie

Tay Hui Xin

Tay Kin How

Tay Ru Bin

Tay Zhi Huey

Tee Shi Hui

Teo Shin Fung

Teo Yi Yun Janice

Teoh Ai Sing Iris

Tey Zhi Yong

Thomas Ho Jun Kiat

Timothy Soo Hin Meng

Toh Bee Loo

Toh Sai Miang

Toh Weibin

Tracy Mak Wei Wei

Vaitheeswari

Vanantha Natalie Sashi

Vincent Ho Fang Chow

Viveck Raam Srinivasan

Wong Yu Mei

Wu Hanxiang

Xu Ding Min

Yang Senlin

Yap Lee Sim (Rachel)

Yeo Zhi Yuan

Yuan Xuelian

Yuen Hiu Yin

Zahidah Zahid

Zhang Shi Jun

Zhao Tiansi

Zhao Zhi

Zhou Shi Tong

Zsolt Krisztian David

"A kind gesture can reach a wound that only compassion can heal."

- Steve Maraboli"

We would like to convey our sincere apologies should we have left out any person. We express our heartfelt appreciation to all who have contributed in one way or another.

Obchool Sased Rrogrammes

- ★ Pupil Breakfast Scheme
- ★ S.T.A.M.P. & S.T.R.I.V.E.



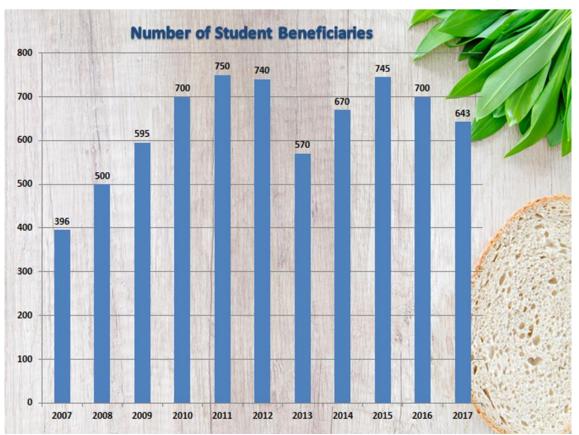
Pupil Breakfast Scheme

Pupil Breakfast Scheme (PBS) was implemented in 2006 to ensure school-going children receive adequate nutrition to meet with their growing needs. Beneficiaries are given \$1 for primary schools and \$1.50 for secondary schools and special needs schools to purchase food in their school canteen for 200 school days.

Serving Jurong GRC, Bukit Batok SMC and Yuhua SMC, Pupil Breakfast Scheme complements the assistance provided by Ministry of Education Financial Assistance Scheme (MOE-FAS) and the Straits Times Pocket Money Fund to provide additional help for parents to cover the expenses for their children's school meals.

For the Year 2017, Loving Heart is serving 9 primary schools, 9 secondary schools and 1 special needs school. A total of \$167,600.00 will be disbursed to 643 beneficiaries throughout the year.

NTUC Fairprice Foundation Limited has donated \$75,000.00 in support for PBS. This initiative is also supported by South West Community Development Council (SWCDC) - Koh Kock Leong Enterprise Pte Ltd (KKL) with a 1:1 matching grant.



Number of student beneficiaries receiving PBS throughout the years

Pupil Breakfast Scheme

The following are the schools participating for PBS in 2017:

PRIMARY SCHOOLS	SECONDARY SCHOOLS	SPECIAL NEEDS SCHOOLS
Bukit View Primary School Clementi Primary School Fuhua Primary School Keming Primary School Lakeside Primary School Nan Hua Primary School Princess Elizabeth Primary School Rulang Primary School Yuhua Primary School	Bukit Batok Secondary School Bukit View Secondary School Clementi Town Secondary School Fuhua Secondary School Hong Kah Secondary School Hua Yi Secondary School Jurong Secondary School Shuqun Secondary School Yuhua Secondary School	Grace Orchard School

We acknowledge with gratitude the joint sponsorship of this project by the following institutions:



NTUC Fairprice Foundation Ltd



South West Community Development Council – Koh Kock Leong Enterprise Pte Ltd (KKL)

S.T.A.M.P was launched on 2006 to reach out to youths at risk that were identified by teachers in the school. Targeting 20 to 40 students in every school, it aims to deliver a comprehensive programme to aid students' holistic development physically, academically and emotionally.

S- Sports

T- Tuition

A- And

M- Mentoring

P- Programme

S- Skills to study smart

T- "Teach, Inspire, Mentor, Enhance"

R- Reaching to the community

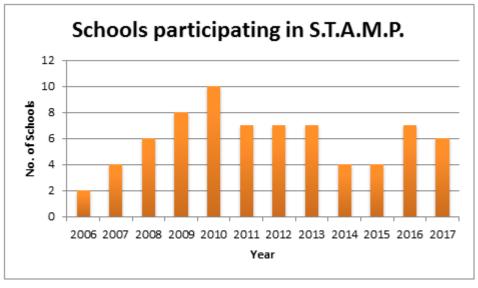
I- Inspiring students

V- Vibrant teaching

E-Energetic Trainers

As of June 2017, we have 6 participating schools in S.T.A.M.P. namely: Lakeside Primary, Shuqun Primary, Hong Kah Secondary, Hua Yi Secondary, Jurongville Secondary and Yuhua Secondary.

S.T.R.I.V.E is a 3 year enhancement for S.T.A.M.P. The extended period of the programme aims to promote a more sustainable support and growth to students in the programme. Through a longer period of the programme, the school and LHMSCJ are able to better monitor the progress of the students and the effectiveness of the programme as a whole. As of 2017, Shuqun Secondary school is part of our S.T.R.I.V.E Programme.



Number of participating schools for S.T.A.M.P. throughout the years

Sports

According to the students and school's preference, we engage vendors with expertise in the field of sports selected to conduct lessons for the students.

The various sports that we are offering under the Sports programmes are cup stacking, cycling, hip-hop dancing, in-line skating, photography, soccer and Taiko drumming.

By factoring in the sports component, it encourages students that their health and fitness are also equally as important as their academic grades and that, it is essential to keep a healthy life by having an active lifestyle.









Tuition

Loving Heart engages professional tutors that have been in the field for years to give students supplementary Mathematics tuition. With the extra hours of practice monitored by the tutor, students have seen a significant increase in their results.



- 1. Lakeside Primary School students practicing cup stacking.
- Jurongville Secondary students learning hip-hop dance lead by a well trained professional dance instructor.
- 3. Students warming up.



- 4. Hong Kah Secondary students during their Taiko Drumming lesson.
- 5. Lakeside Primary School students engaging help from our experienced tutor.
- 6. Jurongville Secondary School students listening attentively to their tutor.

Mentoring

Run by our kind-hearted volunteer mentors, the mentoring component aims to impart positive morals and values through various activities. These volunteers go through a mandatory curriculum conducted by Boys' Town professionals that teaches about leading and mentoring youth so that they are well equipped with the essential knowledge regarding mentoring. With the newly learnt knowledge, these volunteers are then allocated in groups to hold group mentoring sessions in the schools.



 Lakeside Primary School students designing Thank You cards for their mothers with a mentor's help. The intention behind the activity is to remind them to appreciate the little things in life.



2. A volunteer mentor teaching a student in Shuqun Secondary School how to play the guitar.

There are a total of 20 sets of values in the curriculum designed by Boys' Town. The volunteers would convey the intentions behind the values and deliver them to the students through various ways. Such examples of it would be having a group discussion session, watching a video, doing a skit and ice breaking games. The creative and interesting ways that the mentors have implemented in the sessions have benefitted the students as they get to learn and realize the moral behind the values in a fun way.



 Hong Kah Secondary School students building towers with straws. This activity aims to deliver the importance of teamwork in compromising and accepting everyone's opinion.



Students having fun with the mentoring activity that their mentors planned.

S.T.A.M.P and S.T.R.I.V.E Achievement Award

The S.T.A.M.P and S.T.R.I.V.E Achievement Award was implemented in 2012. This award serves to reward students who have been consistent in their attendance and progress in school. The teacher in charge of the school are allowed to nominate up to 3 students through the nomination form provided, together with a testimonial about the student's improvements and significant achievements in school. Winners would walk away with Popular vouchers which are presented during our Annual Appreciation Dinner at the end of the year.

Photography Award

Our photography competition is open to all schools which are taking photography for their Sports Programme under S.T.A.M.P & S.T.R.I.V.E Programmes. In this competition, students showcase their best shots that they have taken throughout their lessons. This gives them the chance to practice what they have learnt in school.

The winning and merit entries from each school are selected based on technical and creative aspects of the photographs. The winning student photographers would receive a Certificate of Achievement and cash prizes for their outstanding shots. The following are the winners of the photography competition for Year 2016.



Rulang Primary School - Putri Maisarah Binte Zohari (Jumping in Ecstasy)



Lakeside Primary School - Kanaka Rashika (Different perspective)



Jurongville Secondary School - Nur Adawiyah Binte Said Ali (Our Classroom)

Community Sased Rrogrammes

- ★ Free TCM Clinic
- ★ Free Tuition Programme
- ★ Adopt-A-Home
- ★ Chair Based Exercise

- **★** Case Management & Food Gifts
- ★ School Lunches for the Elderly
- ★ Civic Group Lunches for the Elderly
- ★ 佛法道靈珠宫 Bursary Awards



Free TCM Clinic

A collaboration between LHMSCJ and Cheng Hong Welfare Service Society saw the launch of our Free Traditional Chinese Medicine (TCM) Clinic on 4th January 2010. Aiming to serve needy residents in the region, the clinic provides free consultation, acupuncture and medication for all of its patients.





The clinic is operated by two TCM practitioners, Dr. Ngoh and Dr. Wong, along with a pharmacist, Mr Lee. They are also being supported by a group of committed volunteers. The clinic sees approximately 60 patients each week.



The clinic operates every Monday and Thursday, from 1pm to 4pm.

Patient registration starts at 12.30pm and closes at 3.30pm.

Donations received from the Free TCM clinic are fully channelled to Cheng Hong Welfare Service Society.

- 1. Our regular volunteer, Mdm Kang handing a patient his medications.
- 2. TCM practitioner, Dr. Ngoh treating a patient.
- 3. Our Manager, Mr Leow with TCM physicians and volunteers at a Chinese New Year gathering.

Free Tuition Programme

LHMSCJ Free Tuition was established in 2005. The programme serves to provide additional academic help to less-privileged children from Primary 1 to Secondary 3 residing in Jurong GRC, Bukit Batok SMC and Yuhua SMC.

To cope with the increasing intake of students, Loving Heart has expanded from 1 session a week to 3 sessions a week on every Friday, 7 – 9pm and every Saturday, 9 – 11am and 11am – 1pm.



Additionally, in an effort to provide a more conducive environment for the students during tuition, one-to-one tuition has been implemented for tutors to provide more individualised attention to the students, allowing them to learn at a comfortable pace of their own and to address their individual learning gaps.

A professional tutor has also been engaged monthly to conduct sharing sessions on teaching strategies. He also serves as a mentor towards the volunteer tutors to ensure they are aware of the MOE syllabus and are able to impart students with exam strategies.



^{1.} Students beneficiaries and volunteer tutors during a tuition session.

 $^{{\}bf 2.\ Professional\ tutor,\ Mr\ Fabian\ Ng\ sharing\ tutoring\ tips\ to\ volunteer\ tutors.}$

Free Tuition Programme

Free Tuition Rewards

Recognising the need to raise students' motivation to improve their grades, Loving Heart implemented the Free Tuition Rewards scheme in 2016 to recognise students for their hard work and accomplishments made during their school exams.



Our Deputy Manager, Mr Jimmy Sit presented students beneficiaries who scored well with their rewards.

Free Tuition Outings

Loving Heart also collaborates with several external agencies to bring our student beneficiaries on excursions during the school holidays.

Life Skills Games with Clementi Town Secondary School/SWCDC – 5 Sep 2016

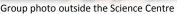


Clementi Town Secondary School students teaching student beneficiaries games.

Free Tuition Programme

Science Centre Day by SWCDC & Bayer - 7 Sep 2016







Student beneficiaries listening to a briefing

SEA Aquarium with Singapore Polytechnic Scuba Diving Club – 19 Nov 2016



Student beneficiaries taking part in activities



Group photo outside the SEA Aquarium

Sentosa Outing with Anderson Junior College – 5 Dec 2016



Group photo at Sentosa



Students and student beneficiaries playing games

Adopt-A-Home

Introduced in 2014, Adopt-A-Home is an initiative by students from Jurongville Secondary School to give back to the community. With the support of Loving Heart, Jurongville Secondary kick-started the programme with a visit to Bukit Batok Home for the Aged. Once a month, the students would visit the Home to brighten up the lives of the elderlies by conducting games, performances as well as art and craft activities.





The programme aims to enable students to take the first step in engaging and interacting with the elderlies. The students, in turn, also benefit as they get to understand the elderlies, learn how to communicate as well as be more patient and forgiving towards them.

In July 2016, students from Jurongville Secondary School visited Bukit Batok Home for the Aged to do paper weaving with the elderlies.



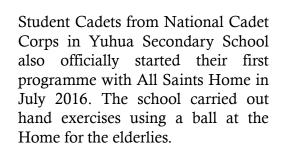


- 1. Elderly resident at Bukit Batok Home for the Aged writing his message for the activity.
- 2. Calming bottles made by the elderlies at Bukit Batok Home for the Aged.
- 3. Jurongville Secondary School student guiding the elderly in paper weaving.
- Students and teacher from Jurongville Secondary School taking a group photo after visiting the home.

Community Sased Programmes

Adopt-A-Home

An outing was organized on 20 October 2016 for the elderlies of Bukit Batok Home for the Aged by Jurongville Secondary School students. The students brought the elderlies to Japanese Garden for a slow walk and also went to feed the turtles and fishes. There were also light refreshments provided after the feeding session.





- 2. Jurongville Secondary School students wheeling the elderlies around the garden .
- 3. Students and staff guiding the elderlies at All Saints Home during the coloring activity.
- 4. Elderlies using uncooked pasta to create art pieces.
- Group photo of students and teacher from Yuhua Secondary School with Ms Carolyn Hoe, corporate & community relations officer during their visit to All Saints Home.
- Cadets of Yuhua Secondary School teaching elderlies hand exercises using a ball.

Chair Based Exercise

The Chair-Based Exercise is a newly introduced programme, conducted by Mdm Tay Sheau Yin. The pilot session commenced on 14 March 2017. It is held on every 2nd Tuesday of the month, from 11 am to 12 pm. The duration of the exercise is approximately 45 minutes.

The aim of this exercise is to promote the concept of exercising while being stationery. Hence, participants will be sitting on chairs while exercising. The exercise is open to people from all age groups, with priority given to the elderly.





The exercises being introduced to participants will aid in the promotion of blood circulation, as well as the prevention of stroke and falls. It will be beneficial for people who are suffering from weak limbs, experience headaches and are prone to falls. In addition, some of the exercises being taught can also be done on the bed. Thus, participants can do them once they wake up, which will help in preventing falls.

- 1. Participants doing some hand exercises while sitting.
- 2. Participants following the instructor, Mdm Tay Sheau Yin for the exercise.

Case Management

In these times of uncertain economy and social environments, several individuals and families face the consequence of getting left behind. Our assistance and services are catered to help residents cope with difficult times caused by circumstances, such as sudden unemployment or illness.



Assistance rendered towards to clients includes food gift assistance, referral to Pupil Breakfast Scheme, referral to our Free Tuition Programme, transport assistance with EZ-Link Card and internal referrals to our other programmes.

Additionally, we also work closely with other Voluntary Welfare Organisations (VWOs) in terms of inter-agency referrals to aid deserving residents in financial assistance, counselling services and employment opportunities. Some of these organisations include the various Social Service Offices in the precinct, South West Community Development Council (SWCDC), Jurong Central and Jurong Spring CCC ComCare Fund Committees, Lakeside Family Centre, TOUCH Community Services and e2i Employment and Employability Institute.

Since Loving Heart's inception, we have an estimated amount of about 600 cases being referred for various assistance. Generally, our clients may be referred through Meet-the-People sessions, our partnering organisations or walk-ins.



"There is no better exercise for the heart than reaching down and helping lift someone up."

- John Holmes

Food Gifts

Food Gifts are given out to about 40 deserving families each month and the need for this assistance has been increasing over the years. Duration of assistance is assessed on a case-by-case basis, ranging from one off, 3 to 6 months or a year depending on the family situations.

Loving Heart would like to express our heartfelt appreciation to corporate and welfare organizations, schools and individuals of the community for their continuous support and regular donations of food items. Bo Tien Welfare Services Society is one such of our long-time donor.



Another avid supporter is the staff and students of Hong Kah Secondary School. On 3 February 2017, they had delivered 49 personally gift-wrapped food hampers for deserving families to bring festive cheer during the Lunar New Year period. We are grateful to have received donations from the school for several years on this festive season.

Donations have also poured in from groups such as civic groups Jurong West Avenue 1 7th month group, Makino Asia Pte Ltd 7th Month dinner group, Ji Yun Tan Temple Association, Dong Ling Fu Temple Association and Singapore Petroleum Company. It is heartwarming that there has also been constant donations from members of the public throughout the year.



- 4
- 1. Donations-in-kind from members of the public .
- 2. Food hampers donated by Hong Kah Secondary School.
- 3. A teacher from Hong Kah Secondary School presenting one of the 49 food hampers to our Deputy Manager, Mr Jimmy Sit.
- 4. Group photo of the teachers and students of Hong Kah Secondary School who delivered food hampers to LHMSCJ.

School Lunches for the Elderly

Hong Kah Secondary School invited 20 elderlies from Loving Heart to enjoy a 3 course set lunch on 26 May 2016 in the school. The menu was prepared by students to suit the elderlies' taste buds for their Molecular Gastronomy Module.



The menu consists of a tomato soup with tomato cloud and crouton, chicken curry quinoa with coriander sponge and potato mousse and lastly, the dessert, a raindrop cake with Gula Melaka syrup and granola.

The dishes prepared by the students were halal and in western style together with mock-tails specially catered to the elderlies. The process was supervised by the teachers and chefs that the school has engaged.

- Main course and mock-tail specially prepared by the students.
- The elderlies were served the main course and can't wait to start digging in.



Civic Group Lunches for the Elderly

Every year, Yin Sheng Dian invites elderlies from VWOs, Homes as well as community organisations for lunch.

On 29 June 2016, Loving Heart invited elderlies from St. Luke's Eldercare, Jurong East Centre for this lunch event at Sungei Tengah Road (Farmart).



Another Civic group, Jing Bao Tan also invited elderlies from various VWOs, Homes and community organisations for lunch at Petir Road on 21 July 2016. The civic group also provided wheelchair-friendly transport so that wheelchair-bound elderlies could also join the event.



Invited elderly participants from Blue Cross Thong Kheng Home enjoyed the sumptuous lunch provided. Additionally, the elderlies also received red packets and food hamper gifts from the hosts.

^{1.} The temple organiser giving out red packets to the elderlies.

^{2.} The elderlies enjoying the performances while waiting for the lunch to commence.

佛法道靈珠宫 Bursary Awards

On 30 October 2016, in collaboration with LHMSCJ, 佛法道靈珠宫, a civic group gave out Bursary Awards to 25 Primary and Secondary School students at Bukit Batok Civil Service Club, Hilltop Garden Restaurant.

Gracing the event were our Advisers, Mr Desmond Lee, then Senior Minister of State, Ministry of Home Affairs & Ministry of National Development and Mr Ang Wei Neng, MP for Jurong GRC, together with Mdm Rahayu Bte Mahzam, MP for Jurong GRC.

The Bursary Awards aim to recognise academic achievements and alleviate the financial load on their families, regardless of race or religion. Loving Heart partnered with schools under our programmes and selected students based on their conduct and academic achievement. Each student received \$200 for the bursary.

We are thankful for 佛法道靈珠宫 in supporting the dreams and needs of these students, and also like to convey our appreciation for their outright donation of \$1,000 to LHMSCJ.



- 1. Group photo with bursary award recipients.
- 2. Our chairman, Mr Goh receiving a outright donation cheque from 佛法道靈珠宫.



Fund Raising Rrogrammes

- **★** Civic Dinners
- ★ Pledge Card Fundraising
- ★ Donation from TsinghuaCEO Group



Civic Dinners

LHMSCJ has been invited to various Temple Dinners and 7th Month Dinners organised by Civic Group Organisations in Jurong GRC who have been supporting us for many years.



Each year, they will contribute to Loving Heart through monetary donations during the dinners as well as donation of food items. Through their kindness and generosity, it has enabled Loving Heart to extend our programmes and projects to more families, elderlies and children in need.



- 1. Adviser, Mr Desmond Lee with donors who bided for our appreciation bottle.
- Adviser, Mr Ang Wei Neng receiving donation from the civic group organization.
- Adviser, Mr Ang Wei Neng, Chairman, Mr Goh Cheng Tee and Deputy Manager, Mr Jimmy Sit receiving donations from the Temple Organiser.
- 4. Adviser, Mr Desmond Lee with a donor
- 5. Our Advisers, Mr Desmond Lee, Mr Ang Wei Neng, LHMSCJ Board Members and civic donors toasting during a civic group's dinner.

Pledge Card Fundraising

Loving Heart holds its annual Pledge Card Fundraising Event during the start of every year. In this fundraising event, we invite all the schools around Jurong GRC to participate together with us. 50% of the amount raised would be channelled back to the school itself. There are 18 schools that are part of our fundraising event this year.

Schools that have participated in our Pledge Cards Fundraising Event in 2017 include:

1	Bukit Batok Secondary School
2	Bukit View Primary School
3	Bukit View Secondary School
4	Fuhua Primary School
5	Fuhua Secondary School
6	Global Indian International School, East Coast campus
7	Global Indian International School, Queenstown campus
8	Hong Kah Secondary School
9	Jurong Primary School

10	Jurong Secondary School
11	Jurongville Secondary School
12	Lakeside Primary School
13	NPS International School (Primary)
14	NPS International School (Secondary)
15	Rulang Primary School
16	Shuqun Primary School
17	Yuhua Secondary School
18	Yusof Ishak Secondary School

We would like to express our heartfelt gratitude to Global Indian International School, East Coast campus, Global Indian International School, Queenstown campus, NPS International School (Primary and Secondary) for donating 100% of their funds raised towards Loving Heart. This year, we successfully raised a total amount of \$105,550.30 after channelling 50% back to the schools.



1. An image sample of our pledge card



2. Pledge cards after auditing

Donation from Tsinghua CEO Group

Tsinghua CEO Group held a fundraising dinner, 2016 "总裁之友" 爱心联谊晚宴, on 1 December 2016 at Home Team Club. Through the good office of our Chairman, Mr Goh Cheng Tee, the dinner was held to raise funds for LHMSCJ as the main beneficiary.



Gracing the dinner was Guestof-Honour, Mr Ang Wei Neng, MP for Jurong GRC.

Through table sales, outright donations and bidding items, the event successfully fundraised a total of \$59,776.00.



- 1. Group photo of our Adviser, Mr Ang Wei Neng with the successful bidders.
- 2. Group photo of our Adviser, Mr Ang Wei Neng with the successful bidders .
- 3. Proceeds of the dinner donated to LHMSCJ.



Annual Events

- ★ Project Big Heart
- **★** Project Love
- ★ Gala Charity Dinner
- ★ Civic Appreciation Reception
- ★ Annual Appreciation Dinner



Project Big Heart

Project Big Heart is an annual joint collaboration between Jurong Central, Fullerton Health and LHMSCJ to benefit CHAS (Blue/Orange) and/or Pioneer Generation (PG) card holders.







With an increase in the number of services being offered namely - free bone mineral density test + blood pressure + blood glucose test; flu vaccinations; Electrocardiogram/Cardiogram; GP/Chronic Consultations, the project have been expanded to also serve all residents in Jurong GRC, Bukit Batok SMC and Yuhua SMC this year.







The event was successfully held on 9 April 2017 (Sunday) at Block 312, Block 316 and the Covered Activity Plaza with a total of about 1000 patient encounters for the various services rendered. We would also like to express our heartfelt thanks to student volunteers from Ngee Ann Polytechnic Rotaract Club and Nanyang Technological University Welfare Services Club for aiding us in the event.







- 1. Special Guest, Ms Grace Fu with Hosting Adviser, Mr Ang Wei Neng observing a resident receiving a blood pressure test.
- 2. A resident getting her flu vaccination shot.
- ${\bf 3.}\ A\ resident\ getting\ an\ electrocardiogram\ test.$
- 4. Special Guest, Mr Murali Pillai explaining to a resident about his test results.
- 5. Dementia risk screening booth by Singapore Anglican Community Services Crest @ Jurong East.
- 6. Special Guest, Mr Desmond Lee observing a resident receiving a bone mineral density test.



Project Big Heart



[Retiree Madam Sadiah Ali, 69, who received an ECG test on Sunday, said such events make things easier for her.

"It's not convenient for me to go to the clinic, so having an event like this makes it easy for me to get screened," she said.]



An article about Project Big Heart from The Straits Times Online

Gracing our event were Mr Tharman Shanmugaratnam, Guest of Honour, Deputy Prime Minister & Coordinating Minister for Economic and Social Policies and MP for Jurong GRC; Mr Ang Wei Neng, Hosting Adviser and MP for Jurong GRC; Mr Desmond Lee, Special Guest, then Senior Minister of State for Home Affairs & National Development and MP for Jurong GRC; Ms Grace Fu Hai Yen, Special Guest, Minister for Culture, Community and Youth and MP for Bukit Batok SMC; and Mr Murali Pillai, Special Guest and MP for Bukit Batok SMC.

Project Love

Every year, LHMSCJ, Jurong Central Citizens' Consultative Committees and schools of Jurong Central come together to organize an annual project named Project Love. In an attempt to bring cheer and brighten the festive period during Chinese New Year, volunteers distribute food hampers to the less fortunate.





This year, the event was held on 21st January 2017. Student volunteers from Singapore Polytechnic and National Public School International, as well as volunteers from LHMSCJ's Free Tuition Programme and Free TCM Clinic distributed more than 400 food hampers to residents in rental blocks at Jurong East Street 32. The event was graced by our Adviser, Mr Ang Wei Neng, MP for Jurong GRC.



- 1. Food gifts to be given out.
- $2. \, Student \, volunteers \, presenting \, resident \, with \, food \, gifts.$
- 3. Our Adviser, Mr Ang Wei Neng presenting beneficiaries with food gifts.
- 4. Our Adviser, Mr Ang Wei Neng and volunteers for the event.

Gala Charity Dinner

Our Gala Charity Dinner was held on 4th March 2017. 365 guests attended the dinner which included Loving Heart partners, patrons, donors and members of the community.

Gracing our event was Mr Tharman Shanmugaratnam, Deputy Prime Minister & Coordinating Minister for Economic and Social Policies and MP for Jurong GRC; Mr Lim Boon Heng, Founding Adviser and Chairman of Temasek Holdings; Mr Desmond Lee, then Senior Minister of State, Ministry of Home Affairs & Ministry of National Development; and MPs of Jurong GRC, Mr Ang Wei Neng, Dr Tan Wu Meng, Mdm Rahayu Mahzam as well as Mr Murali Pillai, MP for Bukit Batok SMC.





The event was a huge success with a total of \$319,670 raised through table sales, outright donation and bidding items. With the amount of money raised, we would be able to better reach out towards the needy population in Jurong GRC. Loving Heart sincerely thank every individual for their contribution, financially or through donations-in-kind.

We would also like to express our heartfelt appreciation to student volunteers from Jurongville Secondary School for aiding us in ushering and stage management as well as Shuqun Primary's Contemporary Dance and Jurongville Secondary's Malay Cultural Club (Malay Dance) for their performance and support.





- 1. Loving Heart Founding Adviser, Special Adviser, Advisers and Board Members making a toast.
- 2. Our Founding Adviser, Mr Lim Boon Heng signing on a bidding item with Special Guest, Mr Murali Pillai.
- Our donors holding onto their bidden items on stage with our Founding Adviser, Mr Lim Boon Heng and our Advisers, Mr Desmond Lee and Mr Ang Wei Neng.
- 4. Our Special Adviser, Mr Tharman Shanmugaratnam with our distinguished patrons.

Civic Appreciation Reception

Held annually, our Civic Appreciation Reception invites all of our civic group organisers and donors as a form of gratitude to appreciate and thank them for their generous contribution and support towards Loving Heart.



This year, the reception was organised at Jurong Safra's Joy Garden Restaurant on 29 July 2016. The event was graced by our Guest-of-Honour, Mr Desmond Lee, then Senior Minister of State for Ministry of Home Affairs & Ministry of National Development and Mr Ang Wei Neng, Member of Parliament for Jurong GRC.

Our civic groups attendees included temple organisers, 7th month organisations, donors and guests. Our advisers had a great time interacting and communicating with donors and guests from the various civic groups.





- 1. A group photo of our Advisers, Mr Desmond Lee and Mr Ang Wei Neng as well as our Chairman, Mr Goh Cheng Tee with a few of our donors.
- ${\bf 2}.$ Advisers, Mr Desmond Lee and Mr Ang Wei Neng making a toast with guests.
- 3. Loving Heart Board Members and our Advisers leading the toasting session.

Annual Appreciation Dinner

Our Annual Appreciation Dinner was held on 2nd November 2016 at Joy Garden Restaurant, Jurong Safra. Our partnering schools' principals, teacher in charge of our partnering programmes and volunteers were invited to enjoy a seven course meal to thank them for showing huge support for us throughout the whole year of working together. Our Adviser, Mr Desmond Lee, then Senior Minister of State, Ministry of Home Affairs & Ministry of National Development, MP for Jurong GRC has graced his presence on this meaningful event.



1. Winners of our Stamp Photography Award.



Our Adviser, Mr Desmond Lee with our volunteers from Free TCM Clinic .



3. Music Performance for the event.

Before commencing the dinner, a group dialogue session was also held between Loving Heart and our guests for the night to garner feedbacks and suggestions as to how we can serve the schools and community better.

Since our volunteers are closer to the ground and to our beneficiaries, we feel that they would be able to give us ideas on how to improve better. Teachers and Principals also used this chance to voice out their thoughts and opinion on what should be improved in order to achieve a better outcome and would benefit more students in need. Minutes for the dialogue were taken and everything shared were considered for further improvements.

We take great pride in all our volunteers for their effort and hard work. During this meaningful occasion, we also used the opportunity to thank volunteers who have been faithfully serving us for the past year. Certificates of Appreciation were presented to every volunteer that are part of the organization and within each programme, a Best Volunteer Certificate was presented to those who have led by example and put in the extra mile while volunteering.



 A discussion group lead by our Secretary, Mrs Rhama Sankaran and our Board Member, Mr Kamalamohan.



 ${\bf 5.\ Students\ with\ Certificates\ of\ Accomplishment.}$



6. Certificates of Appreciation for Volunteers.

Cycling for Health, Happiness and Harmony by Shimano

LHMSCJ and Shimano (Singapore) has been in a partnership for the past years for the S.T.A.M.P & S.T.R.I.V.E sports component in cycling. On 22 October 2016, the programme was held to educate the students on bicycle etiquette, road safety and basic bicycle maintenance.



 Students learning about the evolution of bicycles over the years and the different type of bicycles in the market.



2. Students getting ready to cycle at the starting point of the route.

Every year, Shimano would also organize a mass cycling event for the schools that took on cycling as part of their sports component. Last year, Shuqun Secondary School and Jurong Secondary School took part in the mass cycling event at East Coast Park.



3. Group photo of all participants in the newly renovated Shimano Cycling World.

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Mr Goh Cheng Tee Freddy, PBM

Chairman

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Mr Leow Peng Kui, JP BBM

Manager

Email: leowpk@lovingheartj.org

There are no employees with emoluments above \$110,000 p.a. The income of the top two executives of the centre lies in the band of \$30,000 to \$60,000 p.a.

The Centre's policy is for all staff and Management Committee members to make an annual declaration of potential conflicts of interest.

The Centre's Reserve Policy is to have a maximum of three years' operating expenses in reserve. Any amount in excess of this is to be used in new programmes and services.

Legal Status, Membership and Affiliation

Loving Heart Multi-Service Centre (Jurong) was registered with the Registrar of Societies (ROS-0163/2004 WEL) w.e.f. 07 July 2004.

Loving Heart Multi-Service Centre (Jurong) is a Member of National Council of Social Services (NCSS) – ref NM/0424/100620051527.

Loving Heart Multi-Service Centre (Jurong) was granted NCSS Charitable status - CF/0424/18092006104729.

IPC Registration No: 001833 / IPC 000036. It was renewed on 1 May 2015 and will be valid till 31 October 2017.



Loving Heart expresses our appreciation and heartfelt thanks to donors, supporters and volunteers for their generous contributions in kind and in service.

Donations, in terms of monetary and in kind, have aided us in funding numerous important programmes and events. Volunteer services has also been the important helping hands in carrying out our various programmes and activities.

You have helped Loving Heart to grow into what it is today. We thank you again, and celebrate your kind support for our mission and for the community we serve.

"There are those who give with joy, and that joy is their reward."
- Kahlil Gibran