

LOVING HEART

MULTI-SERVICE CENTRE (JURONG)



Annual Report
June 2017 - May 2018



爱心服务中心
裕廊



Our Mission

To serve the residents and needy students to the best of our abilities, through programmes and activities, with professionalism in promoting social and multi-racial community bonding.

Our Logo

The two vibrant orange strokes embracing a heart protectively depicts the role of Loving Heart in providing school-based and community-based services for the needy students and elderlies in the community.

The soft-edged heart within the strokes symbolizes the vulnerability and fragility of the disadvantaged and the needy. The three little hearts represent the heartfelt feelings and joy of the community.

Bright orange and red colors emulates sunshine, light and warmth.

"A kind gesture can reach a wound that only compassion can heal."
- Steve Maraboli

About Us



Loving Heart Multi-Service Centre (Jurong) was officially opened on 4th December 2004 by Mr Lim Boon Heng, Former Minister, Prime Minister's Office (2001-2011), former MP for Jurong GRC.

Set up as a one stop social service centre, our programmes and services have since grown and expanded to reach a wider community in Jurong. As a result, Loving Heart Multi-Service Centre (Jurong Central) was renamed Loving Heart Multi-Service Centre (Jurong) in 2012 to reflect the expansion of our service boundary.

Located at Block 316 Jurong East Street 32, #01-279, Loving Heart Multi-Service Centre (Jurong) (LHMSCJ) undertakes various school-based and social projects. We also collaborate with relevant organisations to better serve the community.

Our ongoing services and programmes includes:

- Pupil Breakfast Scheme
- Sports, Tuition and Mentoring Programme (S.T.A.M.P)
- Free Traditional Chinese Medicine (TCM) Clinic
- Free Tuition Programme
- Health Screening & Consultation (Project Big Heart)
- Community S.T.A.M.P
- Adopt-A-Home
- Chair Based Exercise
- Case Management and Food Gifts

Opened on 1 September 2006, Loving Heart Youth Centre currently hosts activities namely, the Free TCM Clinic, Free Tuition Programme and Chair Based Exercise. The Youth Centre was later renamed as Activity Centre.

Both centres are presently managed by a staff strength of 8. LHMSCJ continues to facilitate residents' bonding in the neighbourhood and aim to focus on providing our services as well as maintain the one-stop service centre to serve Jurong GRC, Bukit Batok SMC and Yuhua SMC.

LHMSCJ Management Committee consists of 16 members and the present term of office is from 1 June 2017 to 31 May 2019.

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"There are those who give with joy, and that joy is their reward."
- Khalil Gibran

Chairman's Message



Due to slow economic situations, this year continues to be a challenging year for Loving Heart as donations may not have reached targets. However, as opposed to the uncertain economy and social environments, there have been increasing demands for our services.

In 2018, we are honored to have 21 schools joining us in Pupil Breakfast Scheme and S.T.A.M.P. We are also pleased to be enhancing our Food Gifts with Vitamin C and Elderly Milk Powder to cater to the increasing number of elderly beneficiaries we serve. This year, we also expanded our Free Tuition Programme on Friday nights to 2 locations so as to benefit more children. In addition, we also introduced a new community program, Community S.T.A.M.P. and response has been encouraging for us so far.

I wish to express my deepest appreciation and gratitude to our Founding Adviser, Mr Lim Boon Heng, our Special Adviser, DPM Mr Tharman Shanmugaratnam, Coordinating Minister for Economic and Social Policies, and MP for Jurong GRC, and our Advisers, Mr Desmond Lee, Minister for Social and Family Development and Second Minister for National Development, and MP for Jurong GRC, and Mr Ang Wei Neng, MP for Jurong GRC, for their visionary guidance, support and their presence in Loving Heart events.

Loving Heart is grateful to its partners, Thye Hua Kwan Moral Society and Cheng Hong Welfare Service Society and the following corporate sponsors; ACI Singapore – The Financial Markets Association, Bo Tien Welfare Services Society, Fullerton Health, Makino Asia Pte Ltd, NTUC Fairprice Foundation Limited, South West Community Development Council as well as Tote Board and Singapore Pools for their continuous valuable support.

This report encapsulates our key school-based and community-based programmes.

In the new year and in the years to come, let us strive together to better the quality of our service to meet the present and emerging needs of the residents and students in the constituencies we serve.

Goh Cheng Tee, Freddy, PBM
Chairman
Management Committee

THE PEOPLE BEHIND LOVING HEART



Founding Adviser

Special Adviser



Mr Lim Boon Heng
Chairman of Temasek Holdings
Private Limited



Mr Tharman Shanmugaratnam
Deputy Prime Minister &
Coordinating Minister for Economic
and Social Policies
Member of Parliament for Jurong GRC

Advisers



Mr Desmond Lee
Minister for Social and Family
Development
Second Minister for National
Development
Member of Parliament for Jurong GRC



Mr Ang Wei Neng
Member of Parliament for Jurong GRC

Advisory Councillors



Mr Henry Ho Kok Wai
PBM BBM BBM (L)



Mr Lee Kim Siang
PBM BBM BBM (L)



Mr Goh Peng Tong
PBM BBM



Ms Koh Chuey Keen
Jenny PBM

Trustees



Mr Tan Poi Eng
JP PBM BBM



Mr Yap Thian Ling
PBM BBM BBM (L)



Mr Lew Kit Foo Jimmy
PBM

Management Committee



Mr Goh Cheng Tee
Freddy PBM
Chairman



Dr Chua Song Peck
PBM BBM
Immediate Past Chairman



Mr Tan Lip Kwang
Kelvin PBM BBM
Vice Chairman



Mrs Rhama Sankaran
Secretary



Ms Chiang Ah Choo
PBM
Assistant Secretary



Mr Tey Siang Lim
Gerald
Treasurer



Mr Karthik Sankaran
Assistant Treasurer



Ms Tay Siew Luan
Helen
Member



Mr Ong Ah Hai
Member



Mr Tsu Chin Sun
Gary PBS
Member



Mr Wong
Cheow Heng
Member



Mr Kamalamohan
S/O Kuppusamy
Ramiah
Member



Mr Ng
Saing Leong
Member



Ms. Serene
Ong
Member



Mr Lawrence
Ng
Member



Mr Elvis Chong
Member

Management and Staff



Mr Leow Peng Kui
JP PBM BBM
Manager



Mr Sit Poh Huat Jimmy
Deputy Manager



Ms Valissa Yap
Executive Officer



Ms Cindy Yeo
Executive Officer



Ms Tou Miao Miao
Accounts Executive



Ms Halipah Bte Surnan
PBS
Junior Executive



Ms Stacy Leow
Junior Executive



Mr Amos Tan
Junior Executive

PARTNERS & CORPORATE SPONSORS

Partners



Thye Hua Kwan
Moral Society



Cheng Hong Welfare
Service Society

Corporate Sponsors



ACI Singapore –
The Financial
Markets Association



Bo Tien Welfare
Services Society



Fullerton Health



Makino Asia Pte Ltd



NTUC Fairprice
Foundation Limited



South West Community
Development Council



Tote Board &
Singapore Pools

Giving Hope. Improving Lives.

DISTINGUISHED PATRONS & PATRONS

Distinguished Patrons

ACI Singapore - The Financial Markets Association

Esun International Pte Ltd

Freshen Fruit Trading

Hock Seng Heng Tpt & Trading Pte Ltd

Makino Asia Pte Ltd

National Arts Council

Neo Garden Catering Pte Ltd

Twinkle Investment Pte Ltd

United Overseas Bank Limited

Lew Kit Foo Jimmy, PBM

Lim Boon Heng

Low Ming Wah

Singapore Totalisator Board

Yu Jiliang

Patrons

Astrotech Engineering Pte Ltd

Bukit Batok CCC Community Development and Welfare Fund

Bukit Batok East CCMC

Bukit Panjang Taxi, Jurong East Shang Dian Lian He She

C&W Services Township Pte Ltd

Cheng Hong Welfare Service Society

Cheow Heng (S) Pte Ltd

Ci Bei Bai Yun Gong

Citic Engineering Pte Ltd

Daikin Airconditioning (Singapore) Pte Ltd

Dezign Format Pte Ltd

D-Team Engineering Pte Ltd

Eng Peng Engineering Pte Ltd

Fine Sheetmetal Technologies Pte Ltd

Formly Engineering Metal Works Pte Ltd

Fuan Temple

Fullerton Healthcare Group Pte Ltd

GWTECH Engineering Pte Ltd

Hiap Logistics Pte Ltd

DISTINGUISHED PATRONS & PATRONS

Patrons

JCS-Echigo Pte Ltd	Seng Choon Engineering Pte Ltd
Ji Qing Tang	Seng Foo Building Construction Pte Ltd
Ji Shan Tang	Sun City Maintenance Pte Ltd
Jing Hong Engineering Construction Pte Ltd	Taman Jurong CCC
JS Creates Pte Ltd	Teng Feng Engineering Pte Ltd
Jurong Central CCC CDWF	The Edinburgh Clinic
Jurong Green CCMC	Thye Hua Kwan Moral Society
Jurong Spring CCC	Tiong Heng Transport Pte Ltd
K&L Engineering Pte Ltd	Tomu Construction & Engineering Pte Ltd
Kong Guan Dumpling/Pau Mfr Pte Ltd	Tong Whye Temple
Lian Hua Chun Fruit Trading	West Coast Hock Teck Si
Ling Jin Tang	Wui Hong Enterprises Pte Ltd
LoveJoy Consultancy Services Pte Ltd	Yin Shen Dian
LSL Engineering Pte Ltd	Yuhua Constituency St 31 Shop Proprietors & Hawkers Association
Markpoint Engineering Pte Ltd	Zheng Keng Engineering & Construction Pte Ltd
Matsushita Greatwall Corporation Pte Ltd	Ang Chor Meng
MJ Air Tech Asia Pacific Pte Ltd	A/Prof Lee Kheng Hock
Nam Leong Co (Pte) Ltd	Awyong Oi Keow
Ping Tan Construction Pte Ltd	Chan Qiming Hubert
Prime Motor & Leasing Pte Ltd	Chang Set Chee
Rosenberg East Asia Pte Ltd	

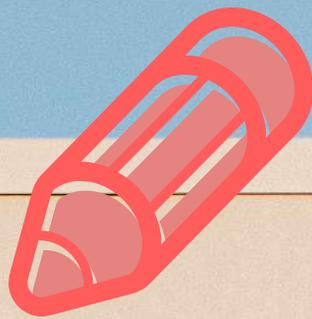
DISTINGUISHED PATRONS & PATRONS

Patrons

Chen Ta Hsin	Lee Weichen Marcus	Tan Lai Chuan
Cheng Beng Kwang	Lee Yin Ling	Tan Lip Kwang
Cheng Lian Heng	Li Sin Rong	Tan Peng Huat
Cheo Peng Hua	Lim Ah Hong	Teo Cheng Soon
Choo Siew Choon	Lim Cheat Hoe	Tey Siang Lim Gerald
Dhany Basuki	Lim Jian Wen Sebastian	Ting Chew Zian
Edwin Tensingh Bella Samuel Jigme Harrison	Lim Thye Aun	Toh Ai Ching
Foo Ji Jing Clara	Lim Yue Heng	Toh Sin Chuan
Foo Ji Ying Jessica	Loh Lai Lee	Tsu Chin Sun Gary
Geh Bee Tin	Low Chien Chong Peter	Wong Leah Keong
Goh Chye Beng	Ng Baoning Ida	Wong Yin Xuan
Goh Kai Soon	Ng Chee Woh Victor	Yap Gui Yong
Goh Khai Chuan	Ng Eng Lam	Yap Jia Hao
Goh Poh Chuan	Ong Meng Seng	Yong Mee Keow
Huang Huafeng	Pang Kuit	蔡榕全
Ho Teck Heng	Patrich & Sharon	郭万兴
Ken Toh Hong Kok	Sim Guek Kwan	李利海
Koh Hong Wei Roger	Sum Hwee Hong Ivan	林佳樂
Koh Mui Mui	Sun Meiling	林健壽
Lau Wee Seng	Tan Giok Mui	林玮俊
Lee Boon Chai Jeffrey	Tan Keng Hoon	梁志剛

We would like to convey our sincere apologies should we have left out any person. We express our heartfelt appreciation to all who have donated to Loving Heart Multi-Service Centre (Jurong).

School-Based Programmes



- Pupil Breakfast Scheme
- S.T.A.M.P.

"We make a living by what we get, but we make a life by what we give." - Sir Winston Churchill

PUPIL BREAKFAST SCHEME

Pupil Breakfast Scheme was implemented in 2006 to ensure school-going children receive adequate nutrition to meet with their growing needs. Beneficiaries are given \$1 for primary schools; \$1.50 for secondary schools and special needs schools to purchase food in their school canteen for 200 school days.

Serving Jurong GRC, Bukit Batok SMC and Yuhua SMC, Pupil Breakfast Scheme complements the assistance provided by Ministry of Education Financial Assistance Scheme (MOE-FAS) and the Straits Times Pocket Money Fund to provide additional help parents cover the expenses for their children's school meals.

For the Year 2018, Loving Heart is serving 9 Primary Schools, 9 Secondary Schools and 1 Special Needs School. A total of \$126,000 was disbursed to 485 beneficiaries.

The following are the schools participating for PBS 2018:

Primary Schools	Secondary Schools	Special Needs Schools
Bukit View Primary School	Bukit Batok Secondary School	Grace Orchard School
Clementi Primary School	Bukit View Secondary School	
Fuhua Primary School	Clementi Town Secondary School	
Keming Primary School	Fuhua Secondary School	
Lakeside Primary School	Hua Yi Secondary School	
Nan Hua Primary School	Jurongville Secondary School	
Princess Elizabeth Primary School	NUS High School of Mathematics and Science	
Rulang Primary School	Yuhua Secondary School	
Yuhua Primary School	Yusof Ishak Secondary School	

This initiative is also supported by South West Community Development Council (SWCDC) - Koh Kock Leong Enterprise Pte Ltd (KKL) with a 1:1 matching grant, as well as NTUC Fairprice Foundation Limited. We acknowledge with gratitude the joint sponsorship of this project by:



South West Community Development Council
– Koh Kock Leong Enterprise Pte Ltd (KKL)



NTUC Fairprice Foundation Limited

S.T.A.M.P.

Having launched in 2006, the Sports, Tuition and Mentoring Programme (S.T.A.M.P) have successfully reached out to many needy children and youths over the years. We have worked with various schools across Jurong GRC to integrate this programme into the students' curriculums.

Through three different components, S.T.A.M.P aims to nurture these students holistically by developing them physically, mentally and emotionally, and as well as grooming them into well-rounded, confident and responsible individuals with the skills equipped and values instilled.

As of May 2018, 6 schools are participating in S.T.A.M.P.

Primary Schools

Lakeside Primary School
Shuqun Primary School

Secondary Schools

Hong Kah Secondary School
Hua Yi Secondary School
Jurongville Secondary School
Yuhua Secondary School

Sports

We provide a variety of sports and interest to the schools; enabling students to pick up additional skills through a fun and engaging way. Each school will select their sport based on the interest of the students.

We engage services of professional vendors to ensure the quality of lessons delivered. Currently, we are offering activities such as photography, in-line skating, Hip Hop dancing and horse-grooming.



Jurongville Secondary students learning Hip Hop

S.T.A.M.P.



Tuition at Lakeside Primary School

Tuition

Weekly English and Mathematics tuition are provided to the students as part of the programme and all lessons will be delivered by professional tutors. The sessions help them to strengthen concepts learned in school, which provides them with the extra boost academically.

Mentoring.

Each mentoring session is based on a mandatory curriculum provided by Boys' Town. These sessions are themed-based with values such as leadership, compassion and endurance guiding the flow of activities. Typical activities consist of ice breaking games, group discussions, skits and reflections.

Over the years, many volunteer mentors have been able to play a short yet meaningful part in these youths' lives— providing them with warm friendships and sound guidance which might have impacted them in ways bigger than we could imagine.



Mentors at Boys' Town Training



Presentation at our Annual Appreciation Dinner

S.T.A.M.P Achievement Awards

Our S.T.A.M.P Achievement Award was set up in 2012 to reward students whom displayed exemplary behaviors during the programme.

By highlighting and rewarding their accomplishments, we hope to provide them with a sense of achievement as well as reinforce positive behaviors. Recipients of the awards will receive a Certificate of Achievement, cash rewards and Popular vouchers.

Community -Based Programmes



- ▶ Free TCM Clinic
- ▶ Free Tuition Programme
- ▶ Community S.T.A.M.P.
- ▶ Adopt-A-Home
- ▶ Chair Based Exercise
- ▶ Case Management
- ▶ Food Gift Programme
- ▶ Project Home Sweet Home
- ▶ School Lunches for the Elderly
- ▶ Bursary Awards

"Only by giving are you able to receive more than you already have." - Jim Rohn

FREE TCM CLINIC

In partnership with Cheng Hong Welfare Service Society saw the commencement of the Free Traditional Clinic Medicine (TCM) Clinic on 4th January 2010. It aims to serve the underprivileged residents in the region.

The clinic provides free consultation, acupuncture and medication for all patients.

It is led by two TCM physicians, Dr Ngoh and Dr Wong, together with a pharmacist and two receptionists. They are also supported by a group of dedicated volunteers from Loving Heart. The clinic sees approximately 60 patients each week.

The clinic operates every Monday and Thursday from 1.00pm to 4.00pm. Registration of patients starts at 12.30pm and closes at 3.30pm.

Donations received from the Free TCM Clinic are fully channelled to Cheng Hong Welfare Service Society to cover operational and medical costs.



TCM practitioner, Dr Ngoh treating a patient



Our regular volunteer, Mdm Kang, handing a patient his medications

FREE TUITION PROGRAMME

With the vision of assisting children from less-privileged background achieve a meaningful level of academic attainment and eventually progress to further education, Loving Heart Multi-Service Centre (Jurong) Free Tuition Programme has supported numerous students from Primary 1 to Secondary 4 since 2005.

Through the assistance from a group of highly-qualified volunteer tutors, the programme currently caters individualized tuition to 78 students across Jurong GRC, Bukit Batok SMC and Yuhua SMC on Fridays (7.00pm – 9.00pm) and Saturdays (9.00am – 11.00am & 11.00am – 1.00pm).

To ensure greater impact, our tutorial is based often on a one-to-one configuration.

Apart from providing homework help to students, volunteer tutors also support the students by increasing their subject knowledge, and assisting them in exam preparations.



Tutors and beneficiaries during a tuition session

Free Tuition Rewards



Student recipients presented with their vouchers by our Deputy Manager, Mr Jimmy Sit

Recognising the need to raise students' motivation to improve their grades, Loving Heart implemented a Free Tuition Rewards scheme in 2016 to recognise students for their hard work and accomplishments made during their school exams.

In 2017, Loving Heart awarded \$1,530 worth of Popular vouchers to 29 student recipients.

FREE TUITION PROGRAMME

Free Tuition Enrichment Programmes

Loving Heart seeks to provide a holistic education to our beneficiaries as we believe that no child's life chances are limited by their socio-economic background. Thus, through partnerships with external agencies, we aim to provide them with a range of school holiday enrichment programmes and activities to engage in.

Pro-bono Scratch Programming by Mr Jeffrey Chee - 3rd June 2017

Loving Heart Free Tuition volunteer conducted a pro-bono Scratch Programming for students from the Free Tuition Programme.

During the session, students were offered an introductory course on Scratch Programming and gained hands-on experience in making their own digital Christmas card.



Beneficiaries working on their cards



Mr Jeffrey Chee explaining the steps to the students

Loving Heart would also like to convey our thanks to Mr Jeffrey Chee, who is also a Free Tuition volunteer tutor, for conducting the course on a pro-bono basis.

FREE TUITION PROGRAMME

Loving Heart Children's Fiesta - 1st July 2017

Through the kind and generous sponsorship from a group of donors, students from the Free Tuition Programme were engaged in fun and games through friendly competition among their peers during the Fiesta to win Popular vouchers.



Participants, volunteers and donors for Children's Fiesta 2017

Students also had the opportunity to engage in barbecuing. Each student received goodie bag consisting of stationery and \$10 Popular voucher.

Aside from the sponsorship received from our donors, Loving Heart would also like to take this opportunity to thank Jurong-Clementi Town Council for providing free usage of the Covered Activity Plaza, Resident Committee Zone E for free usage of the BBQ pits, Jurong Secondary School students for planning the games and lastly, our volunteers for making this event possible!

aRWSome Wishes by South West CDC and RWS - 30th November 2017

In collaboration with Resorts World Sentosa (RWS), South West CDC invited 31 children from Loving Heart's Free Tuition Programme to an exclusive Christmas preview at Universal Studios Singapore. Students had the opportunity to enjoy rides and shows in Universal Studios Singapore.

They were also invited to view an exclusive closed-door preview of "Search for a Christmas Star" show. Additionally, the children also received Christmas presents such as Elmo plush, Transformer figurines and Minion bags (worth about \$50 per child) at the end of the event.



Beneficiaries receiving their Christmas gift from RWS

FREE TUITION PROGRAMME

Stop-Motion Animation Workshop by Animate- Samsung Digital Arts Studio - 18th December 2017

Through the good office of Animate Pte Ltd and Samsung Digital Arts Studio, Primary 1 – 3 students attended a Stop-Motion Animation Workshop. The aim of the workshop was to promote the creation of digital media using the latest mobile devices. Participants acquired knowledge and skills in stop-motion animation through experiential learning and hands-on sessions.



Participants working on their animated video

Learning and Leadership with Esports by Singapore Cybersports and Online Gaming Association (SCOGA) - 19th to 20th December 2017

The Singapore Cybersports and Online Gaming Association (SCOGA) conducted a Learning and Leadership with Esports workshop for Free Tuition programme students. The goal of the workshop was to engage the children and youths who love games through Vainglory. The objectives were to improve students' self-control, teamwork and resilience. The workshop was conducted by lead trainers from the National Youth Council funded Esports Academy.

South-West CDC Transformer Run - 6th January 2018



Loving Heart beneficiaries at the race

Families from Loving Heart Free Tuition Programme and Food Gift Programme were invited to join South-West CDC Transformer Run at Sentosa Island, Palawan Beach. Beneficiaries took part in a non-competitive 5km Transformer Run/Walk.

Each participant received a race pack which comprised of a drawstring bag, race t-shirt, water bottle, wristband and race medal. The cost of food and transportation was fully borne by South West CDC's sponsors.

COMMUNITY S.T.A.M.P.

As part of an extension outreach to students in the community, Loving Heart piloted Community S.T.A.M.P. After assessment and review, we are proud to introduce this programme again in 2018.

The objective of the programme is to allow students to have an active lifestyle, improve their academic performance and increase their social skills. It aims to reach out to vulnerable youths in the community and serves as an extension of our school based S.T.A.M.P.

For the sports component, Soccer was introduced to encourage students to keep a balanced and healthy lifestyle.



Participants paying close attention during tuition



Participants warming up before starting soccer

Under the guidance of a professional Mathematics tutor, students are able to reinforce their knowledge on the subject and address any queries that they may have after school.

To increase their social skills, our dedicated volunteer mentors impart positive morals and values through fun activities. This helps to strengthen their character development that is useful in today's society.



Participants with their Thank-You cards for their loved ones

ADOPT-A-HOME

Introduced in 2014, Adopt-A-Home is an initiative by students from Jurongville Secondary School to give back to the community. With the support of Loving Heart, Jurongville Secondary School pioneered the programme with a visit to Bukit Batok Home for the Aged.

Once a month, the students would visit the Home to brighten up the lives of the elderlies by conducting games, performances as well as art and craft activities.

The programme encourages students to take the first step in engaging and interacting with the elderlies through various activities such as acrylic painting and singing sessions. Performance were also put up by students to liven up the mood of the elderlies. Besides bringing joy and company to the elderlies, students also learn to communicate with the pioneer generation and foster empathy.



Students from Jurongville Secondary School engaging the elderlies from All Saints Home in a memory card game



Students from Millennia Institute performing for the elderlies from All Saints Home



Elderlies from All Saints Home painting on acrylic

ADOPT-A-HOME

As of 2018, the programme includes 3 elderly homes and 4 secondary schools.

Schools	Elderly Homes
Hua Yi Secondary School	St Luke's ElderCare (Jurong East Centre)
Millenia Institute Jurongville Secondary School	All Saints Home (Jurong)
Shuqun Secondary School	Blue Cross Thong Keng Home



1. Students from Hua Yi Secondary teaching elderlies from St Luke's ElderCare art and craft.
- 2-3. Students from Hua Yi Secondary engaging elderlies from St Luke's ElderCare with board games.
4. Students from Shuqun Secondary engaging elderlies from Blue Cross Thong Keng Home in simple sports.
- 5-6. Students from Shuqun Secondary performing for elderlies from Blue Cross Thong Keng Home.

CHAIR BASED EXERCISE

The Chair-Based Exercise serves to encourage healthy living among retirees and elderlies within the community.

The objective of this programme is to encourage elderlies to exercise and move without putting any pressure on their bodies. Hence, participants will be seated on chairs while exercising.



Participants doing some stretching while sitting

This exercise aims to strengthen their muscles, decrease joint pain, stiffness, and improves blood circulation. The exercise helps in lessening the number of falls, illnesses as well as stroke.

The Chair-Based Exercise is held on every 2nd week of the month, conducted by Mdm Tay Sheau Yin. The duration of the exercise is about an hour from 11.00am to 12.00pm.

To encourage interaction and bonding within participants, Loving Heart also organised an end-of-year lunch gathering with the participants.



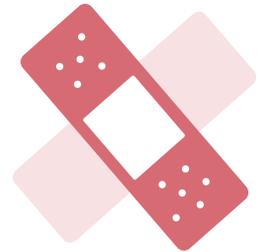
End-of-year lunch gathering with the participants



Class group photo with Mdm Tay Sheau Yin

CASE MANAGEMENT

In these times of uncertain economy and social environments, several individuals and families face the consequence of getting left behind. Our assistance and services are catered to help residents cope with difficult times caused by circumstances, such as sudden unemployment or illness.



Assistance rendered towards clients includes food gift assistance, meal allowances with Pupil Breakfast Scheme, free tuition and transport assistance with EZ-Link Card.

Additionally, we also work closely with other Voluntary Welfare Organisations (VWOs) in terms of inter-agency referrals to aid deserving residents in financial assistance, counselling services and employment opportunities.

Some of these organisations include the various Social Service Offices in the precinct, South West Community Development Council (SWCDC), Jurong Central and Jurong Spring CCC ComCare Fund Committees, Lakeside Family Centre, TOUCH Community Services and e2i Employment and Employability Institute.



An assessment of needs with a beneficiary

Since Loving Heart's inception, we have an estimated amount of about 700 cases being referred for various assistance. Generally, our clients may be referred through Meet-the-People sessions, our partnering organisations or walk-ins.

FOOD GIFT PROGRAMME



Food items donated from the public

Food Gifts are given out to about 40 deserving families each month and the need for this assistance has been increasing over the years. Duration of assistance is assessed on a case-by-case basis.

Loving Heart would like to express our heartfelt appreciation to corporate and welfare organizations, schools and individuals of the community for their continuous support and regular donations of food items. Bo Tien Welfare Services Society is one such of our longtime donor.

Another avid supporter is the staff and students of Hong Kah Secondary School. On 23 February 2018, they delivered 30 personally gift-wrapped food hampers for deserving families to bring festive cheer during the Lunar New Year period. We are grateful to have received donations from the school for several years on this festive season.



Donation of food hampers from students and teachers of Hong Kah Secondary School

In 2018, we enhanced our food gift packs with Vitamin C tablets and Elderly Milk Powder sponsored by Fullerton Health and JCS-Echigo Pte Ltd respectively.

Donations have also been received from civic groups such as Fo Fa Dao Ling Zhu Gong, Singapore Wong Loo Choh See Chee Chong Association, Dong Ling Fu Temple Association, Ji Yun Tan Temple Association and Ji Yun Tan Temple Association. We are heartened that there has also been constant donations from individuals throughout the year.

PROJECT HOME SWEET HOME

Project Home Sweet Home was started in 2010 to improve the living environment of needy families and aging elderly.

Students from different schools have participated in this meaningful project. Generally, students refurbish the houses by cleaning, painting, and installing cost effective gadgets such as energy saving light bulbs, anti-slip mats, safety bars for bathrooms. These were purchased by Loving Heart. There were occasions whereby funds were raised by students through their own fundraising events or sponsorships.



Group photo of our volunteers and clients

Depending on the family's needs, gift hampers including food and household necessities were presented to them after completion of the house cleaning.

House Cleaning in Jurong West - 17 June 2017

Upon visiting the client's accommodation, we found the condition of the flat inhabitable. After consultations with the client, Loving Heart provided a one-off house cleaning, painting, pest control service and one-off food ration with the help of volunteers from SIM iCare.



Kitchen before cleaning



Kitchen after cleaning

SCHOOL LUNCHESES FOR THE ELDERLY

Hong Kah Secondary School invited 15 elderlies from Loving Heart to enjoy a 3-course set lunch on 8 March 2018 in the school. The menu was planned and prepared by students for their Molecular Gastronomy Module.



Elderlies tucking into the dishes.

The western halal menu consists of tomato soup with Tom Yum as an appetizer followed by Tempura Button Mushrooms as starters, Salmon Papillote (Fish baked in pouch) served with Sautéed Seasonal Vegetables, Roasted Herb Baby Potatoes drizzled with Lemon Caper Sauce, infused with premium white grape juice for the Main Course and ended off with Red Velvet Cupcakes with Tiramisu.

In addition to this year's lunch, the school has also prepared activities such as chair-based exercise with elastic bands and air-pumped bottle rockets for the elderly to participate.



Students from Hong Kah Secondary engaging the elderlies in chair-based exercise using elastic bands.



Students demonstrating their air-pumped bottle rockets.

BURSARY AWARDS

Sponsored by Fo Fa Dao Ling Zhu Gong Association, Loving Heart beneficiaries from partnering schools were awarded bursaries on 19 November 2017 at Bukit Batok Civil Service Club, Hilltop Garden Restaurant.

The Bursary Award was established by the Association in 2012 in giving back to society; regardless of race or religion, as part of the Association's celebrations. Loving Heart Adviser, Mr Ang Wei Neng graced the event.

30 students from Jurongville Secondary School, Yusof Ishak Secondary School and Loving Heart Free Tuition Programme were selected to receive \$150 and \$200 bursary for Primary and Secondary School students respectively. The Bursary Awards aim to recognize the academic achievements and good behavioral conduct of the students, and to alleviate the financial load on their families.

We are thankful for Fo Fa Dao Ling Zhu Gong Association in supporting the dreams and needs of these students, and also like to convey our appreciation for their outright donation of \$1,000 to Loving Heart!



1. Our Adviser, Mr Ang Wei Neng and Manager, Mr Leow Peng Kui receiving an outright donation from Fo Fa Dao Ling Zhu Gong Association.
2. Group photo with bursary award recipients.



Fund Raising Programmes



- Civic Dinners
- Pledge Card Fundraising

"No act of kindness, no matter how small, is ever wasted."

- Aesop

CIVIC DINNERS

The Civic Groups consist of the Chinese Temples and 7th Month Organisations from Jurong GRC and beyond. They have been strongly supporting and contributing to Loving Heart Multi-Service Centre (Jurong) since 2005.



Each year, they will contribute to Loving Heart through donations as well as donation of food items. They also provide a platform for us to raise funds during their temple events.

Their kindness and generosity have enabled Loving Heart to extend our programmes and projects to more families, elderlies and children in need.



1. Adviser, Mr Ang Wei Neng and Chairman, Mr Goh Cheng Tee with donors.
2. Advisers, Mr Desmond Lee and Mr Ang Wei Neng with donors and temple organisers.
3. Advisers, Mr Desmond Lee and Mr Ang Wei Neng with Board Members, donors and temple organisers.
4. Adviser, Mr Desmond Lee with Board Members, donors and temple organisers.
5. Advisers, Mr Desmond Lee and Mr Ang Wei Neng with MP for Bukit Batok SMC, Mr Murali Pillai as well as donors.



PLEDGE CARD FUNDRAISING

Annually, Loving Heart partners with schools within Jurong GRC, Bukit Batok SMC and Yuhua SMC as well as international schools to participate in this meaningful event. 50% of the amount raised would be channeled back to the schools. 18 schools participated in the fundraising event in 2018.

We would like to thank all the schools for their participation, as well as Global Indian International School (East Coast) and NPS International Schools (Primary and Secondary) for donating 100% of their funds raised to Loving Heart. This year, we have successfully raised a total amount of \$108,678.76 after channeling 50% back to the schools.

Bukit Batok Secondary School	Jurong Secondary School
Bukit View Primary School	Jurongville Secondary School
Bukit View Secondary School	Lakeside Primary School
Fuhua Primary School	NPS International School (Primary)
Fuhua Secondary School	NPS International School (Secondary)
Global Indian International School (East Coast)	Rulang Primary School
Hong Kah Secondary School	Shuqun Primary School
Hua Yi Secondary School	Yuhua Secondary School
Jurong Primary School	Yusof Ishak Secondary School



An image sample of our pledge card



Our Deputy Manager, Mr Jimmy Sit, giving a speech at Jurong Secondary School, rallying support for the fundraising event

Annual Events



- Project Big Heart
- Charity Golf cum Dinner 2018
- Civic Appreciation Reception
- Annual Appreciation Dinner

"Not all of us can do great things, but we can do small things
with great love." - Mother Teresa

PROJECT BIG HEART

Project Big Heart is an annual collaboration between Jurong Central, Fullerton Health and Loving Heart Multi-Service Centre (Jurong) to benefit CHAS (Blue/Orange) and/or Pioneer Generation (PG) card holders. The project serves all residents in Jurong GRC, Bukit Batok SMC and Yuhua SMC.



This year, the event was successfully held on 22 April 2018 at Block 312, Block 316 and the Covered Activity Plaza with a total of more than 800 patients for the various services rendered.

The services being offered included free bone mineral density test + blood pressure test + blood glucose test; Electrocardiogram/Cardiogram; GP/Chronic Consultations; and Faecal Immunochemical Test (FIT) kit to detect colon cancer.



1. Residents doing check-ups.
2. Residents doing a health questionnaire with the aid of an National University Health System volunteer.
3. Mdm Rahayu doing a bone density test while a staff from Fullerton Health explains the process.
4. Residents engaging in different ways to manage pain during a Pain Management talk.
5. A resident receiving diabetic foot screening.
6. Host Adviser, Mr Ang Wei Neng introducing the various booths to Mr Desmond Lee & Mdm Rahayu Mahzam.

CHARITY GOLF CUM DINNER

Contrary to our usual Gala Charity Dinner, Loving Heart was pleased to organise a Charity Golf Tournament on 9 March 2018 at Raffles Country Club.



The event was a huge success with a total of \$255,542 raised through golf flights, table sales, outright donation and bidding items. With the amount of money raised, we would be able to better reach out towards the needy population in Jurong GRC, Bukit Batok SMC and Yuhua SMC. Loving Heart sincerely thank every individual for their kind contribution.



1. Our Founding Adviser, Mr Lim Boon Heng with Loving Heart Trustee and Board Members.
2. Group Photo of Charity Golf Tournament's participants.

CHARITY GOLF CUM DINNER

We would like to express our heartfelt appreciation to Leong Poh Kee Pte Ltd and AWG Insurance Brokers Pte Ltd for their sponsorship of Hole-in-One prizes. We are also thankful to the students under S.T.A.M.P. from Jurongville Secondary School for aiding us in ushering and stage management as well as their performance in Ukulele and Hip Hop Dance.



Gracing our event was Mr Tharman Shanmugaratnam, Special Adviser, Deputy Prime Minister & Coordinating Minister for Economic and Social Policies and MP for Jurong GRC; Mr Lim Boon Heng, Founding Adviser and Chairman of Temasek Holdings; Mr Ang Wei Neng, Adviser and MP for Jurong GRC; and Mdm Rahayu Mahzam, MP for Jurong GRC.



1. Our Special Guest, Mdm Rahayu Mahzam interacting with our donors.
2. Our Special Adviser, Mr Tharman Shanmugaratnam with our Distinguished Patrons.
3. Our Adviser, Mr Ang Wei Neng with our Patrons.



CIVIC APPRECIATION RECEPTION

The annual Civic Appreciation Reception is hosted by Loving Heart as a form of gratitude to appreciate and thank our civic group organisers and donors for their valuable contributions and support.

On 28 July 2017, the dinner was held at Civil Service Club @ Bukit Batok, Hilltop Garden Restaurant with a total of 158 guests.



The event was graced by our Guests-of-Honour, Mr Desmond Lee; Minister for Social and Family Development, Second Minister for National Development and MP for Jurong GRC, as well as, Mr Ang Wei Neng; MP for Jurong GRC.



1. A group photo of our Advisers, Mr Desmond Lee and Mr Ang Wei Neng with our guests.
2. Loving Heart Board Members, Advisers and donors leading the toasting session.
3. Our Adviser, Mr Desmond Lee giving a speech.

ANNUAL APPRECIATION DINNER

In appreciation to our partnering schools and volunteers for their support and efforts, Loving Heart held its Annual Appreciation Dinner on 26 November 2017 at Blossom Garden Restaurant, HomeTeamNS Bukit Batok.

Our Advisers, Mr Desmond Lee, Minister for Social and Family Development and Second Minister for National Development, MP for Jurong GRC and Mr Ang Wei Neng, MP for Jurong GRC graced their presence on this meaningful event.

Loving Heart's partnering schools' Principals, Teachers in-charge and volunteers were invited to enjoy a nine-course dinner and performances put up by Lakeside Primary School's Harmonica Band, Hip-Hop dance performance by Jurongville Secondary School's S.T.A.M.P students and Faith Music Centre's Cactus Rose band. We were also thankful for the efforts of the student emcees from Jurongville Secondary School.

We were also extremely grateful to NTUC Fairprice Foundation Limited for their donation of \$75,000 towards the Pupil Breakfast Scheme.



1. A group photo of our student emcees, Cactus Rose, Advisers and Chairman.
2. Cheque presentation from NTUC FairPrice Foundation from General Manager, Mr Lum Hon Fye to Loving Heart Advisers, Mr Desmond Lee and Mr Ang Wei Neng and Chairman, Mr Goh Cheng Tee.



ANNUAL APPRECIATION DINNER

Loving Heart also took this opportunity to express our heartfelt appreciation and gratitude to our volunteers by presenting them with Certificates of Appreciation for their efforts and commitment in making a difference to the lives of our beneficiaries. Volunteer of the Year awards was also presented to volunteers of each programme for their outstanding efforts in going the extra mile.



Students from our S.T.A.M.P were also invited to receive a Certificate of Accomplishment and Popular vouchers in recognition of their significant academic and behavioural improvements made.



Before the commencement of the dinner, guests were engaged in a group dialogue session, to gather feedback and seek improvements on our existing programmes. These sessions provided valuable insights for Loving Heart to set the future direction of our programmes.

1. Volunteers under the Free Tuition Programme with our Adviser, Mr Ang Wei Neng.
2. Adviser, Mr Desmond Lee interacting with the student recipients under S.T.A.M.P.
3. Student recipients under S.T.A.M.P. with our Adviser, Mr Desmond Lee.
4. Group dialogue session with volunteers led by our Board Member, Mr Kamalamohan.

OUR VOLUNTEERS

Adeline Lilian Poerwanto

Alpin Novianus Tatan

Amber Lee See Hian

Ang Jia Sheng

Annie Chua

Annika Harloff

Arun Ganapathy
Chokkalinkam

Arundithi
Ananthanarayanan

Asad Kalimi

Ashok Kumar

Audrea Lee

Azreena Bte Lamree

Balaji Selvarajou

Barkkavi Ravikumar

Boh Chee Yih

Bong Jia Hui

Cecilia Ng Soh Bee

Chan Chee Seng

Chan Siew Leng

Che Ah Kau

Cheam Mei Shan

Chiang Hui Xun

Chin Jin Jie Justin

Chloe Theresa Ng

Chock Wee Boon

Chong Poh Fah

Chong Tung Far

Choo Ze Yuan

Chow Mun Zing

Christopher Thomas

Chua Jun Wei Venneth

Chua Qiao Han

Chua Sheng Han

Dai Xundong

Daniel Toh Kok Siong

Deepan Balakrishnan

Delwyn Ong Yi Qin

Dilyse Kong Yi Gin

Ding Min

Divagaran s/o Kalaivanan

Douglas Leong

Eva Low

Fakhriah Fatin Binte
Selamat

Felicia Han Yu Ling

Feng Ruili

Florence Ho

Foo Qian Ying

Fu Kai Li

Gao Wen Han

Garima Kapil

Geraldine Tay Ling Min

Glen Ting Tiong Long

Gloriani Buendia Angel John

Gwendolyn Chen Zhen Zuan

Hanis Farhannah

Hou Po Yum

Hugo Lam

Hung Lay Seah

Imran Muhammad S/O
Roshan Muhammad

Irene Ho

Irrynna Arianti Binte
Ramlan

Jeri Xie Zheng Zhe

Jess, Chong Siew Lian

Jessie Zhang Huijun

Joella Ho

OUR VOLUNTEERS

Jolene Chan Ai Mun

Joseph Chong

Joshua Foong

Kang Meow Kee

Kang Yi Da

Katherine, Lee Peck Peng

Kavimozhi

Khew Sing Eian

Khin Aye Chan Oo

Koh Siew Cheng

Kok Tse Fong

Krishna Radhakrishnan

Lau Ching San

Lau Soo Lang

Lee Jiaxuan

Lee Peh Yee

Lee Tang Khee

Leo Xuan Rong

Leong Shi Xuan

Lew Jing Shan

Liew Jian Bin

Lim Jia Qi

Lim Mei Ling

Lim Qing Yong

Lim Rui De

Lim Wei Cheng

Lim Xue Ngho

Lim Yisheng Kenneth

Lim Yuan Xiu

Liu Jin Long

Loh Lai Lee

Lorraine Lam

Low Yuanyu

Ma Jiaying

Maimoona Hamzy

Mei Yann Fen

Moh Tiang Xin
Nancy Ng

Ng Jing Yi

Ng Kai Qing

Ng Kang Kiat

Ng Li Yin

Nicholas Lim Wei-Liang

Nicole Low Xin

Niranchanamala d/o
Rajendran

Nishant Rajesh Seth

Pham Do Quyen

Phoebe Mak Rui Teng

Piers Chen Yancang

Prasanna Shiridi Sai

Puah Hong Tat

Qin Tian He

Rachel Low Xuan

Rachelle Tang Yih Fong

Raina Lai Pei Hui

Ranjan Batra

Raymond Win

Regina Ho Xue Feng

Richard Goh Jiangwei

Rita Bahvani
Subramaniam

Ritu Chandna

Ryan Tay Yong Kiat

Sakthivel S/O Shanmugavel

Samuel Seah Kai Wen

Saravana Kumar M

Seah Lay Kheng

Sean Low Chen Yi

Ser Sim Ngarn

OUR VOLUNTEERS

Seri Nuraleqah Bte Md Saifee

Shawn Lee Jin Long

Shi Peng Yi Penny

Sim Ling Ling

Smith

Soh Bee Tin

Soh Jin Xin Karen

Soh Xin Yi Shirley

Soo Peck Lin

Soo Tsui Li

Subramanian Mawikandan

Suha Sanjana

Sunarta

Susan, Lim Lee Chin

Symon Kazi Arif Mahmud

Tan Giok Mui

Tan Jia Wei Justin

Tan Jiakuan Oriana

Tan Keng Chow

Tan Kok Wee

Tan Peng Xuan

Tan Rou Jing, Geraldine

Tan Sian Hern Ivan-Darien

Tan Yan Zi Matilda

Teo Shin Fung

Teresa Yenie Senjaya

Tey Ming Chuan

Tien Jian Hao

Tim Soo

Toh Bee Loo

Toh Jin Ian Damien

Toh Weibin

Toh Ya Xun

Toh Zhao Zhi

Tracy Mak Wei Wei

Vasanthia Natalie Sashi

Wang Sheue Ne

Wang Yi Mei

Wilson Ang Peng Yi

Wilson Tee Teo Hong

Yap Joo Koon

Yap Zhen En Jane

Yaw Ling Yeen

Yiap Xin Yi

Yifeng Bo

Yoke Peng

Yoshio Masuda

Yuan Xuelian

Yukiko Wakabayashi

Zhang Qiming

Zheng Xiaoyu

Zhong Hong Tao

Zsolt Krisztian David

We would like to convey our sincere apologies should we have left out any person. We express our heartfelt appreciation to all who have contributed in one way or another.

Declaration

There are no employees with emoluments above \$110,000 p.a. The income of the top two executives of the centre do not exceed \$100,000.

No remuneration is paid to the Management Committee. This excludes reimbursement of expenses and entertainment allowances.

The Centre's policy is for all Management Committee members and staff to make a declaration of potential conflicts of interest.

The Centre's Reserve Policy is to have a maximum of three years' operating expenses in reserve. Any amount in excess of this is to be used in new programmes and services.

The following Board Members has served in the Management Committee for more than ten years. They have been making beneficial contributions in addition to their valuable skills that they are imparting to the newer members. They have strong grassroots contacts in the areas served by our organisation.

- Dr Chua Song Peck	Immediate Past Chairman
- Mr Tan Lip Kwang Kelvin BBM	Vice-Chairman
- Ms Chiang Ah Choo PBM	Assistant Secretary
- Mr Tey Siang Lim Gerald	Treasurer
- Ms Tay Siew Luan Helen	Member
- Mr Tsu Chin Sun Gary	Member

Loving Heart Multi-Service Centre (Jurong)



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Email: lhmscj@lovingheartj.org

Contact Personnel:

Mr Goh Cheng Tee Freddy, PBM
Chairman
Email: ctgoh@gwtech.com.sg

Mr Leow Peng Kui, JP BBM
Manager
Email: leowpk@lovingheartj.org

Legal Status, Membership and Affiliation

Loving Heart Multi-Service Centre (Jurong) was registered with the Registrar of Societies (ROS-0163/2004 WEL) w.e.f. 07 July 2004.

Loving Heart Multi-Service Centre (Jurong) is a Member of National Council of Social Services (NCSS) – ref NM/0424/100620051527.

Loving Heart Multi-Service Centre (Jurong) was granted NCSS Charitable status - CF/0424/18092006104729.

IPC Registration No: 001833 / IPC 000036. It was renewed on 1 November 2017 and will be valid till 31 October 2020.

"Learn to light a candle in the darkest moments of someone's life. Be the light that help others see; it is what gives life its deepest significance."

- Roy T. Bennett



Loving Heart sincerely thank all donors, supporters and volunteers for their generous contributions in kind and in service.

Donations, in terms of monetary and in kind, have aided us in funding the numerous important programmes and events. Volunteer services have also been the important helping hands in carrying out our various programmes and activities.

You have helped Loving Heart to grow into what it is today. We thank you again, and celebrate your kind support for our mission and for the community we serve.

Do continue to work with us in the years to come. We will always strive to do more and to do better.